

The Seven “I am” Statements of Jesus The Gospel of John

¹³ Then Moses said to God, “If I come to the people of Israel and say to them,

‘The God of your fathers has sent me to you,’ and they ask me, ‘What is his name?’ what shall I say to them?”

¹⁴ God said to Moses, “**I AM WHO I AM.**” And he said, “Say this to the people of Israel: ‘**I AM** has sent me to you ...

This is my name forever, and thus I am to be remembered throughout all generations.

(Exodus 3:13-15)

#1	Bread of Life (6:35, 48, 51)	“ I am [ἐγώ εἰμι] the bread of life ; whoever comes to me shall not hunger, and whoever believes in me shall never thirst.” (6:35)
#2	Life of the World (8:12; 9:5)	“ I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life.” (8:12)
#3	Door of the Sheep (10:7, 9)	“ I am the door. If anyone enters by me, he will be saved and will go in and out and find pasture.” (10:9)
#4	Good Shepherd (10:11, 14)	“ I am the good shepherd. The good shepherd lays down his life for the sheep.” (10:11)
#5	Resurrection and the Life (11:25)	“ I am the resurrection and the life. Whoever believes in me, though he die, yet shall he live”
#6	Way, Truth, Life (14:6)	“ I am the way, and the truth, and the life. No one comes to the Father except through me.”
#7	True Vine (15:1)	“ I am the true vine , and my Father is the vinedresser.”

Seven more!

#1	4:26	²⁵ The woman said to him, “I know that Messiah is coming (he who is called Christ). When he comes, he will tell us all things.” ²⁶ Jesus said to her, “ I who speak to you am he [ἐγώ εἰμι].”
#2	6:20	¹⁹ When they had rowed about three or four miles, they saw Jesus walking on the sea and coming near the boat, and they were frightened. ²⁰ But he said to them, “ It is I [ἐγώ εἰμι]; do not be afraid.”
#3	8:24	I told you that you would die in your sins, for unless you believe that I am he [ἐγώ εἰμι] you will die in your sins.
#4	8:28	So Jesus said to them, “When you have lifted up the Son of Man, then you will know that I am he [ἐγώ εἰμι], and that I do nothing on my own authority, but speak just as the Father taught me.”
#5	8:58	Jesus said to them, “Truly, truly, I say to you, before Abraham was, I am [ἐγώ εἰμι].”
#6	13:19	¹⁸ I am not speaking of all of you; I know whom I have chosen. But the Scripture will be fulfilled, ‘He who ate my bread has lifted his heel against me.’ ¹⁹ I am telling you this now, before it takes place, that when it does take place you may believe that I am he [ἐγώ εἰμι].
#7	18:5, 6, 8	⁴ Then Jesus, knowing all that would happen to him, came forward and said to them, “Whom do you seek?” ⁵ They answered him, “Jesus of Nazareth.” Jesus said to them, “ I am he [ἐγώ εἰμι].” Judas, who betrayed him, was standing with them. ⁶ When Jesus said to them, “ I am he [ἐγώ εἰμι],” they drew back and fell to the ground. ⁷ So he asked them again, “Whom do you seek?” And they said, “Jesus of Nazareth.” ⁸ Jesus answered, “I told you that I am he [ἐγώ εἰμι]. So, if you seek me, let these men go.”